

**Yarn:** Sockyarn 6-ply / 400m (150g)

**Gauge:** With Needlesize 3 -4 stockinette stitch in th round, 22 stitches and 30 rows = 10 x 10 cm (4 x 4 inches)

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Size	22/23	24/25	26/27	28/29	30/31	32/33	34/35	36/37	38/39	40/41	42/43	44/45	46/47
Cast on / Sts per needle	32	36	36	40	40	44	44	48	48	52	52	56	56
Sts per needle	8	9	9	10	10	11	11	12	12	13	13	14	14
Stitches for heel	16	18	18	20	20	22	22	24	24	26	26	28	28
Heel rows	14	16	16	18	18	20	20	22	22	24	24	26	26
Heel flap, dividing sts	5/6/2005	6/6/6	6/6/6	6/8/6	6/8/6	7/8/7	7/8/7	8/8/8	8/8/8	8/10/8	8/10/8	9/10/9	9/10/9
Side stitches picked up	8	9	9	10	10	11	11	12	12	13	13	14	14
Gusset decreases	3x	3x	3x	4x	4x	4x	4x	4x	4x	5x	5x	5x	5x
Foot length before toe (cm)	12	12	13,5	14	15	16,5	17	18	20	21,5	22,5	23	24,5
Foot length before toe	4,72	4,72	5,31	5,51	5,91	6,50	6,69	7,09	7,87	8,46	8,86	9,06	9,65
<b>Toe decreases (after 1st decrease rnd):</b>													
in every 3rd round	-	-	-	-	-	-	-	1x	1x	1x	1x	1x	1x
in every 2nd round	2x	3x	3x	3x	3x	4x	4x	4x	4x	4x	4x	4x	4x
in every round	3x	3x	3x	4x	4x	4x	4x	4x	4x	5x	5x	6x	6x
Total foot length (cm)	14,5	15,5	17	18	19,5	21	22	23,5	25	26,5	27,5	28,5	30
Total foot length (inch)	5,71	6,10	6,69	7,09	7,68	8,27	8,66	9,25	9,84	10,43	10,83	11,22	11,81

### Abbreviation Key

<b>sts</b> - stitches (individual loops on your needle)
<b>rnd</b> - round (one complete circuit of stitches, especially when knitting in the round)
<b>x</b> - times (how many times to repeat an instruction, e.g., "4x" means four times)
<b>cm</b> - centimeters
<b>inch</b> - inches
<b>dec</b> - decrease (reduction of stitches, often by knitting two together)
<b>flap</b> - heel flap (rectangular section of heel construction)
<b>gusset</b> - the section between the heel and foot where decreases occur

**A quick note:** This size chart is meant to be a friendly guide, not a perfect rulebook. Every pair of feet has its own personality - different in length, width, and shape - so the best fit always comes from taking a moment to measure the actual foot, double-checking your gauge, and adjusting for your yarn and style. Think of the chart as a jumping-off point, but let careful measuring (and a little trying-on) be your true compass! If you are interested on learning how to calculate you perfect size, check out my blog post "How to Measure Your Foot & Calculate Sock Cast-On Size" on my blog <https://yarn-enchantment.com/>

EU Size	Approx. US Kids	Approx. US Women	Approx. US Men
22/23	6-7 (Toddler)	-	-
24/25	8-9 (Toddler)	-	-
26/27	9.5-10.5 (Kid)	-	-
28/29	11-12 (Kid)	-	-
30/31	12.5-13 (Kid)	1-2	-
32/33	1.5-2.5 (Youth)	2-3	-
34/35	3-4 (Youth)	4-5	-
36/37	4.5-5.5 (Youth)	6-7	4-5
38/39	6-7 (Youth)	7.5-8.5	6-7
40/41	-	9-10	7-8
42/43	-	10.5-12	8.5-9.5
44/45	-	-	10.5-11
46/47	-	-	12-13