

Yarn: Sockyarn 4-ply / 420m (100g)

Gauge: With Needlesize 2-3 stockinette stitch in th round, 30 stitches and 42 rows = 10 x 10 cm (4 x 4 inches)

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Size	22/23	24/25	26/27	28/29	30/31	32/33	34/35	36/37	38/39	40/41	42/43	44/45	46/47
Cast on / Sts per needle	44	48	48	52	52	56	56	60	60	64	64	68	72
Sts per needle	11	12	12	13	13	14	14	15	15	16	16	17	18
Stitches for heel	22	24	24	26	26	28	28	30	30	32	32	34	36
Heel rows	20	22	22	24	24	26	26	28	28	30	30	32	34
Heel flap, dividing sts	7/8/7	8/8/8	8/8/8	8/10/8	8/10/8	9/10/9	9/10/9	10/10/10	10/10/10	10/12/10	10/12/10	11/12/11	12/12/12
Side stitches picked up	11	12	12	13	13	14	14	15	15	16	16	17	18
Gusset decreases every	4x	4x	4x	5x	5x	5x	5x	5x	5x	6x	6x	6x	6x
Foot length before toe (cm)	11,5	12,5	14	14	15,5	17	18	18,5	20	21	22	22,5	24
Foot length before toe (inch)	4,53	4,92	5,51	5,51	6,10	6,69	7,09	7,28	7,87	8,27	8,66	8,86	9,45
Toe decreases (after 1st decrease rnd):													
in 4th round	-	-	-	-	-	-	-	1x	1x	1x	1x	1x	1x
in every 3rd round	1x	1x	1x	2x	2x	2x	2x	2x	2x	2x	2x	2x	2x
in every 2nd round	3x	3x	3x	3x	3x	3x	3x	3x	3x	3x	3x	4x	4x
in every round	4x	5x	5x	5x	5x	6x	6x	6x	6x	7x	7x	7x	8x
Total foot length (cm)	14,5	15,5	17	18	19,5	21	22	23,5	25	26,5	27,5	28,5	30
Total foot length (inch)	5,71	6,10	6,69	7,09	7,68	8,27	8,66	9,25	9,84	10,43	10,83	11,22	11,81

Abbreviation Key

sts - stitches (individual loops on your needle)
rnd - round (one complete circuit of stitches, especially when knitting in the round)
x - times (how many times to repeat an instruction, e.g., "4x" means four times)
cm - centimeters
inch - inches
dec - decrease (reduction of stitches, often by knitting two together)
flap - heel flap (rectangular section of heel construction)
gusset - the section between the heel and foot where decreases occur

A quick note: This size chart is meant to be a friendly guide, not a perfect rulebook. Every pair of feet has its own personality - different in length, width, and shape - so the best fit always comes from taking a moment to measure the actual foot, double-checking your gauge, and adjusting for your yarn and style. Think of the chart as a jumping-off point, but let careful measuring (and a little trying-on) be your true compass! If you are interested on learning how to calculate you perfect size, check out my blog post "How to Measure Your Foot & Calculate Sock Cast-On Size" on my blog <https://yarn-enchantment.com/>

EU Size	Approx. US Kids	Approx. US Women	Approx. US Men
22/23	6-7 (Toddler)	-	-
24/25	8-9 (Toddler)	-	-
26/27	9.5-10.5 (Kid)	-	-
28/29	11-12 (Kid)	-	-
30/31	12.5-13 (Kid)	1-2	-
32/33	1.5-2.5 (Youth)	2-3	-
34/35	3-4 (Youth)	4-5	-
36/37	4.5-5.5 (Youth)	6-7	4-5
38/39	6-7 (Youth)	7.5-8.5	6-7
40/41	-	9-10	7-8
42/43	-	10.5-12	8.5-9.5
44/45	-	-	10.5-11
46/47	-	-	12-13